



## **SAN JOSE GASTROENTEROLOGY**

2340 Montpelier Drive, Suite A, San Jose, CA 95116

231 O' Connor Drive, San Jose, CA 95128

Phone: (408) 347-9001 Fax: (408) 347-9004

Ruel T. Garcia, M.D.  
Brian S. Levitt, M.D.  
Huy A. Nguyen, M.D.  
Khanh K. Nguyen, M.D.  
Huy N. Trinh, M.D.  
Eduardo da Silveira, M.D.

### **INSTRUCTION FOR ESOPHAGEAL GASTRODUODENOSCOPY (EGD) With Endoscopic Ultrasound (EUS)**

In order for the examination to be faster and more comfortable to you, please follow the following instructions:

1. You may take your heart medications (i.e. blood pressure, ect.) with small sips of water only. **DO NOT** take your diabetic medications if you have diabetes.
2. Nothing to eat or drink 6 hours prior to your procedure.
3. It takes approximately 20 mins to perform the procedure. After the examination, you will remain in the recovery area for 30 mins to 1 hour for observation.
4. It is imperative that someone accompany and drive you home after your procedure due to sedative and pain medications given to you will cause you to become drowsy. If you are working, please plan to take the day off.
5. If you have any questions regarding these instructions or the procedure, please don't hesitate to contact our office. Also, if you need to reschedule or cancel your appointment, please let us know 72 hours in advance prior to the date of the examination. **347-9005.**

***\*\*\* Please note, the safety of our patient is very important to us, if you do not have a person to drive you home on the day of your procedure, we reserve the right to cancel your appointment.***

***\*\*\* Please do not leave children unattended during your procedure. We are not responsible for anything that might happen to them.***

***Thank you for your cooperation.***