

SAN JOSE GASTROENTEROLOGY

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INSTRUCTIONS FOR ESOPHAGOGASTRODUODENOSCOPY (EGD) + Bravo

FOR THE BEST POSSIBLE EXAMINATION, PLEASE FOLLOW THE INSTRUCTIONS BELOW CAREFULLY.

- You must have a responsible adult (age 18 or older) to drive you home after your procedure. This does not include rideshare such as taxi, Uber. The sedative medication makes it unsafe to drive on the day of the procedure. **If you do not have a chaperone to drive you home, the appointment may need to be cancelled.**
- **Plan** to take the day off from work
- **DO NOT** bring children to your appointment. We do not have child care services
- **Leave** jewelry and valuable items at home

- **DO NOT** eat or drink 6 hours prior to your procedure
- **STOP** your stomach medication (ie: *Aciphex, Dexilant, Nexium, Prilosec, etc*) seven (7) days before your procedure.
- **DO NOT** take your morning diabetic medication on the day of the procedure. **Bring** all of your daily medication to the procedure
- **Take** your heart/blood pressure medication with *small sips of water only the morning of your procedure*

- It takes approximately 20 - 30 minutes to perform your procedure. After the examination, you will remain in the recovery area for 30 - 60 additional minutes for observation.

If you have any questions, please contact our office at **408-347-9001**. If you need to reschedule or cancel your appointment, kindly give **3 business days notice**.

Thank you very much for your cooperation.