

SAN JOSE GASTROENTEROLOGY

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INSTRUCTIONS FOR ESOPHAGEAL MOTILITY / 24 HOUR PH

For the best possible examination, please follow the instructions below carefully.

- **Plan** to take the day off from work
- **DO NOT** eat or drink starting midnight before your procedure
- **DO NOT** take your diabetic medication on the morning of your procedure

- **96 hours** (4 days) before the procedure:
 - STOP PPIs (antacid) medication

 - DO NOT STOP PPIs (antacid) medication

- **Take** your heart/blood pressure medication with *small sips of water* on the morning of your procedure.
- It takes approximately 20 - 30 minutes to perform your procedure.

If you have any questions, please contact our office at **408-347-9001**. If you need to reschedule or cancel your appointment, kindly give **3 business days notice**.

Thank you very much for your cooperation.